

# PEACH RIPENESS GUIDE

Tips to Tell When a Peach is

*Ripe & Ready*  
to **EAT**

## 1 It Has a Sweet Smell

To tell if a peach is ripe by its smell, simply bring the fruit close to your nose and take a gentle sniff. A ripe peach will have a sweet, fragrant aroma that is both fruity and slightly floral. The scent should be strong and inviting.

## 2 It is the Right Color

To determine if a peach is ripe by its color, look for a peach with a vibrant, deep background color. Ripe peaches will typically have a rich, warm hue, whether it's yellow, orange, or red, depending on the variety. A fully ripe peach should exhibit an enticing color and give slightly to gentle pressure, signaling that it's ready to be enjoyed.

## 3 It is Slightly Soft

If the peach is firm to the touch, it's not ready. Wait until there is some "give" especially near the stem end, when it is gently squeezed. Never squeeze too hard— it will result in bruising.

## 4 It is the Right Shape

A peach becomes more round and plump as it ripens.

*Lori Anne*  
PEACHES

